

THE
MARKET
at Grelen

YOGA RETREAT MENU

November 6, 2019; 12 noon

Served in the Kitchen Courtyard

Tableside selection, please select an item from each course.

Starter

Smoked Trout with Grilled Radicchio
Grelen Basil Pesto, Grilled Focaccia, Balsamic Syrup

-or-

Grelen Pumpkin Risotto
Toasted Pistachio, Parmesan, Chives, Fig Jus

Entree

“Food For Thought” Lamb Ragu
Braised Lamb, Cavatappi, Mirepoix, Lamb Jus, Microgreens

-or-

Beef Brisket
Truffled Potato Puree, Chilled Green Bean-Almond Salad, Bearnaise

-or-

Grilled Fall Vegetables
Chevre, Red Onion Farro, Roasted Beet Vinaigrette

Dessert

Poached Apple
Creme Anglaise, Candied Pecans, Mint

-or-

Warm Chocolate Cake
Coconut Cream, Shaved White Chocolate, Mint